

# WHAT ACTIVITIES CAN I GET INVOLVED IN?



When you come to Westlake, you will have the chance to be involved in a huge number of activities. We believe in education in its broadest sense. We encourage you to get involved in a range of activities: it is a great way to learn life skills, meet new friends, enjoy healthy competition and, most importantly, have fun. In other words, we think you are always learning, in and out of the classroom, and that it is our job to give you as many opportunities as possible to find your passion.

## Sport at Westlake

You will have the chance to compete at the very highest levels of sport at Westlake. Our best sportsmen are the equal of any in New Zealand, but we also value participation and will run as many teams as we need to give as many students as possible the chance to play.

You can choose from any of the following sports – and you can take part in as many of these as you can find the time for:

Adventure Racing	Football	Snow Sports
Athletics	Golf	Squash
Badminton	Hockey	Swimming
Basketball	Lacrosse	Table Tennis
Cricket	Orienteering	Tennis
Cross-Country	Rowing	Touch
Cycling	Rugby	Ultimate Frisbee
Distance Running	Rugby League	Volleyball
Dragon Boating	Sailing	Waterpolo

And don't forget our Academy of Sport, which offers the finest coaching and performance support of any school on the North Shore to those sportsmen who show emerging talent from Years 9 to 13. This includes strength and conditioning sessions, mental performance support, nutritional advice and mentorship.

## Music at Westlake

We love music at Westlake. We work closely with Westlake Girls, and together we run the largest secondary school music programme in New Zealand. Our top choirs and instrumental ensembles perform to the highest standards both nationally and internationally. Our wider music programme is designed to provide lessons and group performance opportunities for musicians at all levels of experience. We offer every student who wishes to take part the chance to do so, and we make sure that we provide the highest quality support to broaden and extend the skills of our best musicians. You will be welcome to bring your talents to us, and to discover new ones as you grow.

Most of our musicians are involved in more than one group. These include:

Barbershop	Musical Shows
Big Band	String Orchestra
Chamber Orchestra	Symphonic Band
Choralation Choir	Symphony
Concert Band	Orchestra
Rock bands	Taharoto Orchestra
Momentum Choir	Voicemale Choir

## Other activities at Westlake

Every year we stage a Production, in conjunction with Westlake Girls. You will also have the chance to join other groups and to take part in new activities. There are always new possibilities appearing. At the moment, you can enjoy:

Chess	UNICEF Club
Debating	Kapa Haka Group
Drama	Pasifika Group
Duke of Edinburgh Award Scheme	Robotics Club
Environmental Club	Theatre Sports

